

# Volunteer Opportunities

The spirit of volunteering makes a community stronger, enriches the individual, and shows colleges that students are working to make a difference in the world and their community while gaining valuable skills. Bow High School students need to complete 20 hours minimum; pro-rated at 5 hours per year for those students not attending Bow High School for 4 years. Check out these links to some of the volunteer opportunities in our community!

- [SPCA](#)
- [American Red Cross – Concord Chapter](#)
- [Animal Rescue League of NH](#)
- [Big Brothers Big Sisters of Greater Manchester](#)
- [Boys and Girls Club of Concord](#)
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- [Capital Center for the Arts](#)
- [Capital Region Food Program](#)
- [Concord Hospital](#)
- [Catholic Medical Center](#)
- [Easter Seals](#)
- [Elliot Hospital VolunTEENS Program](#)
- [Friendly Kitchen](#)
- [Friends of the Manchester Animal Shelter](#)
- [Friends Program](#)
- [Girls Inc.](#)
- [Habitat for Humanity](#)
- [New Hampshire Audubon Society](#)
- [New Hampshire Food Bank](#)
- [New Hampshire Historical Society](#)
- [New Horizons](#)
- [Pete's Wellness Mission](#)
- [Upreach Therapeutic Riding Center](#)
- [Salvation Army \(Kids Cafe, Tutors, Bell Ringers, etc\)](#)
- [Special Olympics of New Hampshire](#)
- [VNA - Concord](#)
- [VNA – Manchester and Southern NH](#)
- [Volunteens- Crispin House affiliate that connects to local volunteer opportunities](#)
- [Volunteer NH](#)
- [YMCA of Concord](#)
- [YMCA of Greater Manchester](#)
- [YWCA of Greater Manchester](#)